



Corporate Training

**Team Building & Engagement
Soft Skills - Health & Wellbeing**





Benefits for Employees

- **Positive** attitude at workplace
- Increases **Performance**
- Team Motivation and **Bonding**
- Building **supportive** relationships
- **Inspiration** for creative solutions
- **Collaborative** engagements



CORPORATE EXCELLENCE

Educate | Enable | Empower



ABOUT ORGANIZATION

- Training & Development - Employee Engagement
- Employee Engagement, Team Building & Wellbeing
- Based out of **Pune, 17+ Years** of Corporate Exp
- Locations covered: Pune, Mumbai, Hyd, Solapur
- Employees Trained: **3000+**
- International Certified Trainers

BHUSHAN HIRLEKAR



Founder and Director Corporate Excellence - T & D

B.E. Electronics
VJTI - Mumbai

Executive MBA
SIBM - Pune



Corporate Trainer - Soft Skills & Team Building

HeartMath® Certified Mentor

Certified Belief Clearing Practitioner - EFT

3000+ Working Professionals Trained

17+ Years of Corporate Experience

Software Engineer
at HSBC Bank

Business Analyst
at CITI Bank

Founder & Director
Corporate Excellence - T&D

Year 2006

2009

2014

2015

2017

2022

HSBC 

Business Analyst
at HSBC Bank



Executive
MBA SIBM



Trained 3000+
Employees



MADHURA KAMBLE



Founder and Director Corporate Excellence - T & D

B.Tech Comp
WCE, Sangli



Corporate Trainer - Soft Skills & Team Building

UNESCO Certified Movement Facilitator

Naturopathy Certified - Level 1

2500+ Working Professionals Trained

7+ Years of Corporate Experience

Software Engineer
at HSBC Bank

Director
Corporate Excellence

Trained 2500+
Employees

Year

2014

2016

2017

2019

2022

HSBC 

Lead in Implementation
projects at HSBC



International Certified
Movement Facilitator

Value Added Clients



Value Added Industries



Manufacturing

Clients: **Kubota, Spark Minda**



IT Information Tech

Clients: **Mastek, Ethosh**



Education

Clients: **SIBM, SSBF**



Corporate Training Modules



Category: Team Building

Module	Team Building Activities	Duration
Module A	Tower Building & Dodge Ball	2 Hours 3 Hours Half Day or Full Day
	Pipeline Challenge	
	Structure Making Activity	
	Team Appreciation	
	Coordination Skills with Tracking the Ball	
	Team unity with Balancing the Ball	
	Trust Building with Blind Fold Game	
	Drama Technique	



Corporate Training Modules

Category: Physical Health & Wellbeing

Module	Training Module Name	Sessions & Duration
Module 1	Corporate Yoga and Yin Yang Yoga	2 Sessions (1 hour to 2 hours)
Module 2	Tai Chi for Body-Mind Balance	2 Sessions (1 hour to 2 hours)
Module 3	Fitness with Creative Movement & Dance	2 Sessions (1 hour to 2 hours)
Module 4	Detoxification for Health & Weight Loss	2 Sessions (1 hour to 2 hours)
	Total	8 Session Course



Corporate Training Modules

Category: Emotional Health & Wellbeing

Module	Training Module Name	Sessions & Duration
Module 5	Boost Your Energy with Appreciation & Gratitude	1 Session (1 Hour)
Module 6	Stress Management 1 - Releasing Stress & Anger	1 Session (1 hr to 4 hrs)
Module 7	Stress Management 2 - Releasing Fear & Anxiety	1 Session (1 hr to 4 hrs)
Module 8	Mindfulness for a Positive Life	2 Sessions (1 hr to 2 hrs)
Module 9	Practicing Forgiveness for Harmony in Relationships	1 Session (1 hr to 2 hrs)
Module 10	Emotional Healing with Jin Shin Jytusu	1 Session (1 hr to 2 hrs)
	Total	7 Session Course



Corporate Training Modules

Category: Soft Skills & Behavioral Skills

Module	Training Module Name	Duration
Module 11	Time Management & Mindfulness	2 Hours to 4 Hours
Module 12	Interpersonal Skills - Grooming, Etiquettes, and Confidence Building	2 Hours to 8 Hours
Module 13	Presentation Skills & Public Speaking	2 Hours to 16 Hours
Module 14	Emotional Intelligence - Building Trust with Colleagues and Customers	2 Hours to 8 Hours
Module 15	Organization Behavior - Transactional Analysis	2 Hours to 4 Hours
Module 16	Growth Mindset at Work to increase Ownership & Responsibility	2 Hours to 8 Hours
Module 17	Conflict management in Teams	2 Hours to 4 Hours
Module 18	Positive Attitude & Motivation	2 Hours to 4 Hours
Module 19	Effective Communication - Listening, Questioning, Writing Skills	2 Hours to 8 Hours



THANK YOU!



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